

## WEST DEPTFORD SCHOOL DISTRICT

Content Area: Health			
Course Title: 6th grade Health		Grade Level: 6	
	<b>Quarter 2 - Alcohol</b>	3 weeks	
	Topic 1: Facts/Laws Topic 2: Applying Health Skills Topic 3: Binge Drinking Topic 4: Short and Long term effects of Alcohol Topic 5: Alcohol project		
	<b>Quarter 2- Tobacco</b>	3 weeks	
	Topic 5: Facts/Laws Topic 6: Short and Long Term Effects of Tobacco Topic 7: Smokeless Tobacco Topic 8: Vaping		
	<b>Quarter 2 - Drugs</b>	3 weeks	
	Topic 9: Facts/Laws Topic 10: How drugs work Topic 11: Getting help Topic 12: Prescription Drug Abuse		
<i>Date Created: August 2022</i> <i>Revised: August 2023</i>		<i>Board Approved on: August 2022</i> <i>Revised Board Approved: August 2023</i>	

**WEST DEPTFORD SCHOOL DISTRICT**  
**6th Grade Health Pacing Guide**

<b>Topic Number</b>	<b>Title</b>	<b>DATES</b>	<b>Number of Days</b>
1	What is Alcohol?		1 day
2	How does it affect the body?		1 day
3	Applying health class to real life skills.		2 days
4	Short/Long term effects of alcohol.		2 days
<b>1-4</b>	<b>Assessment</b>		2 days
5	What is Tobacco?		1 day
6	Long and Short term effects of tobacco use		2 days
7	Smokeless tobacco		1 day
8	E-Cigs/Vaping		1 day
<b>5-8</b>	<b>Assessment</b>		2 days
9	What are drugs?		1 day
10	How drugs work.		1 day
11	How to get help.		1 day
<b>9-11</b>	<b>Assessment</b>		2 days

# **WEST DEPTFORD SCHOOL DISTRICT**

## **Health Lesson Plan Format**

{45 Minutes of Instruction}

### **OPENING**

5 minutes

- Attendance, ice breaker activity

### **SETTING THE STAGE**

5 minutes

*Objectives- Purpose of lesson and expectations*

### **TEACHER LED INSTRUCTION**

10 minutes

*Lesson Topic*

*Learning plan- Teacher led explanation of lesson*

*Guided practice- teacher to student led*

### **STUDENT LED INSTRUCTION AND ASSESSMENT**

25 minutes

*Independent practice*

*Assessment-teacher observation, lesson assignments, class discussion, student participation, end of unit assessments*