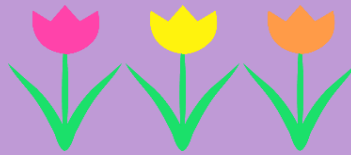


West Deptford Middle School  
Lunch Menu



# April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ASSORTED DAILY FRESH FRUIT &amp; VEGGIE BAR OPTIONS:</b>  Carrot Sticks - Broccoli - Green/Red Pepper Strips - Cucumbers - Cherry Tomatoes - Celery Sticks Apples-Bananas-Oranges-Grapes-Strawberries-Melons-Peaches-Pears-Variety	<b>3</b> DUTCH WAFFLE w/SYRUP SAUSAGE HASH BROWN	<b>4</b> LOADED CHICKEN FAJITAS TATER TOTS	<b>5</b> PIZZA CRUNCHERS SALAD w/ LOWFAT DRESSING JUICE	<b>6</b> PENNE w/ MEAT SAUCE GARLIC STICK	<b>7</b> GRILLED HAM & CHEESE ON PRETZEL BUN CARROTS JUICE	<b>8</b> "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
	<b>10</b> BUFFALO CHICKEN CHEESESTEAK EMOJI FRIES PUDDING	<b>11</b> WALKING TACO CORN JUICE	<b>12</b> DOMINO'S PIZZA SALAD w/ LOWFAT DRESSING JUICE	<b>13</b> 1/2 DAY IN-SERVICE NO LUNCHESES SERVED	<b>14</b> SPRING BREAK SCHOOLS CLOSED	<b>15</b> PARENTS MAY ADD MONEY TO THEIR CHILD'S LUNCH ACCOUNT AT PAYFORIT.NET
<b>16</b> 	<b>17 18</b> SPRING BREAK SCHOOLS CLOSED		<b>19</b> MOZZARELLA STICKS SALAD w/ LOWFAT DRESSING JUICE	<b>20</b> PANCAKES W/SYRUP SAUSAGE HASH BROWN	<b>21</b> POPCORN CHICKEN CURLY FRIES JELLO	<b>22</b> strengt <b>H</b> ex <b>E</b> rercise e <b>A</b> t Live fi <b>T</b> ness c <b>H</b> allenge enjo <b>Y</b>
<b>23</b> VARIETY OF LOW FAT & FAT FREE MILK SERVED DAILY 	<b>24</b> BUILD YOUR OWN BURGER MASHED POTATOES w/GRAVY JUICE	<b>25</b> LOADED WAFFLE FRIES BAKED BEANS	<b>26</b> PEPPERONI PIZZA SALAD w/ LOWFAT DRESSING JUICE	<b>27</b> HOMEMADE MAC & CHEESE GREEN BEANS	<b>28</b> MEATBALL PARM SANDWICH PEAS	<b>29</b> BREAKFAST SERVED DAILY
<b>30</b> GIVE OUR NEW ITEMS A TRY!	ALSO AVAILABLE DAILY: ASSORTED COLD SANDWICHES, WRAPS & HOAGIES ASSORTED SALADS		<u>STUDENT PRICES:</u> PAID LUNCH \$3.00 REDUCED \$.40 A LA CARTE \$2.10 MILK \$0.65		ALL BREAD IS WHOLE GRAIN OR WHEAT; ALL FRIES ARE BAKED	MENU SUBJECT TO CHANGE Carolyn Jefferson Food Service Director 856.384.2607

