



A HEALTHY SCHOOL BREAKFAST

It's as easy as 1...2...3!

1

CHOOSE ONE:

Whole Grain Waffles,
Pancakes or
French Toast Sticks

OR

CHOOSE TWO OF THE FOLLOWING ITEMS:

Yogurt
Assorted Whole Grain Muffins
Cereal Bars
Assorted Cereals

2

CHOOSE ONE:

Fresh Fruit / Vegetable
Fruit Juice

3

CHOOSE ONE:

Skim White Milk
1% White Milk
Nonfat Chocolate Milk

WEST DEPTFORD MIDDLE SCHOOL BREAKFAST MENU

Carolyn Jefferson, Food Service Director 856.384.2607

PRICE: FULL BREAKFAST \$2.25 · REDUCED \$.30

Student receiving free/reduced lunch is automatically eligible for the breakfast program

**A BREAKFAST CONSISTING OF THE CHOICES ABOVE MEETS THE
USDA NATIONAL SCHOOL BREAKFAST REQUIREMENTS.**

Menu Subject to Change · "This institution is an equal opportunity provider"

