



A HEALTHY SCHOOL BREAKFAST

1

Grain
or
Protein

2

Fresh
Fruit or
Juice

3

Milk

It's as easy as 1...2...3!

Each day, students will have their choice of assorted Kellogg's Jump Start pre-packaged breakfast options.

- Assorted cereals
- PopTarts
- NutriGrain bars
- Mini cinnamon bun graham crackers

All Jump Starts come with a juice – students may also take a fresh fruit or milk as well for a complete, nutritious breakfast!



WEST DEPTFORD MIDDLE SCHOOL BREAKFAST MENU

Carolyn Jefferson, Food Service Director 856.384.2607

PRICE: FULL BREAKFAST \$2.25 · REDUCED \$.30

Student receiving free/reduced lunch is automatically eligible for the breakfast program

You may apply any time throughout the year for free/reduced lunches at

<https://westdeptford.payschools.com>

**A BREAKFAST CONSISTING OF THE CHOICES ABOVE MEETS THE
USDA NATIONAL SCHOOL BREAKFAST REQUIREMENTS.**

Menu Subject to Change · "This institution is an equal opportunity provider"

