





# March 2017



West Deptford High School  
Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>STUDENT PRICES:</b>  <b>PAID LUNCH \$3.00</b> <b>REDUCED \$.40</b> <b>A LA CARTE \$2.10</b>	<b>ALSO AVAILABLE DAILY:</b> <b>ASSORTED COLD SANDWICHES, WRAPS</b> <b>&amp; HOAGIES</b> <b>ASSORTED SALADS</b>		<b>1</b>  FRENCH BREAD PIZZA SALAD w/ LOWFAT DRESSING JUICE	<b>2</b>  WG PANCAKES W/SYRUP SAUSAGE HASH BROWN	<b>3</b>  SHREDDED BBQ CHICKEN SANDWICH BAKED BEANS JUICE	<b>ASSORTED DAILY FRESH</b> <b>FRUIT &amp; VEGGIE BAR</b> <b>OPTIONS:</b>  <div style="border: 1px dashed black; padding: 5px;">           Carrot Sticks - Broccoli -            Green/Red Pepper            Strips - Cucumbers -            Cherry Tomatoes -            Celery Sticks               Apples-Bananas-            Oranges-Grapes-            Strawberries-Melons-            Peaches-Pears-Variety         </div>
<b>5</b>  <b>ALL BREAD IS</b> <b>WHOLE GRAIN</b> <b>OR WHEAT;</b> <b>ALL FRIES</b> <b>ARE BAKED</b>	<b>6</b>  LOADED NACHOS FRENCH FRIES JUICE	<b>7</b>  GRILLED CHEESE ON PRETZEL BUN TOMATO SOUP	<b>8</b>  MOZZARELLA STICKS W/SAUCE SALAD w/ LOWFAT DRESSING	<b>9</b>  HOMEMADE MAC & CHEESE JUICE	<b>10</b>  <b>SCHOOL CLOSED</b> <b>(IN-SERVICE)</b> <b>NO LUNCHES</b> <b>SERVED</b>	
<b>12</b>  <b>PARENTS MAY ADD</b> <b>MONEY TO THEIR</b> <b>CHILD'S LUNCH</b> <b>ACCOUNT AT</b> <b>PAYFORIT.NET</b>	<b>13</b>  BUILD YOUR OWN BURGER FRENCH FRIES	<b>14</b>  MEATBALL SANDWICH TATER TOTS JUICE	<b>15</b>  DOMINO'S PIZZA SALAD w/ LOWFAT DRESSING JUICE	<b>16</b>  PENNE CHICKEN ALFREDO GARLIC TOAST	<b>17</b>  CHICKEN NUGGETS SEASONED POTATO WEDGES GREEN JELLO	<b>18</b>  <b>VARIETY OF LOW</b> <b>FAT AND FAT FREE</b> <b>MILK SERVED</b> <b>DAILY</b>
<b>19</b>  <b>BREAKFAST</b> <b>SERVED DAILY!</b>  	<b>20</b>  LOADED WAFFLE FRIES CHICKEN NOODLE SOUP	<b>21</b>  DUTCH WAFFLE w/SYRUP SAUSAGE HASH BROWN	<b>22</b>  PEPPERONI PIZZA SALAD w/ LOWFAT DRESSING JUICE	<b>23</b>  ORANGE CHICKEN W/RICE BROCCOLI FORTUNE COOKIE	<b>24</b>  CORN DOGS BAKED BEANS JUICE	<b>25</b>  <b>"THIS</b> <b>INSTITUTION IS</b> <b>AN EQUAL</b> <b>OPPORTUNITY</b> <b>PROVIDER"</b>
<b>26</b>    <b>GIVE OUR NEW</b> <b>ITEMS A TRY!</b>	<b>27</b>  CHEESE QUESADILLAS EMOJI FRIES JUICE	<b>28</b>  BUILD YOUR OWN BURGER TATER TOTS	<b>29</b>  PIZZA CRUNCHERS SALAD w/ LOWFAT DRESSING JUICE	<b>30</b>  FRENCH TOAST STICKS W/SYRUP SAUSAGE HASH BROWNS	<b>31</b>  PIZZA STEAK SEASONED CURLY FRIES	<b>MENU SUBJECT</b> <b>TO CHANGE</b>  <b>Carolyn Jefferson</b> <b>Food Service Director</b> <b>856.384.2607</b>

