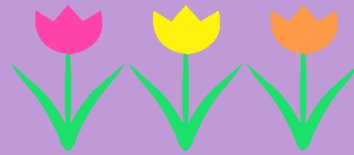


West Deptford High School
Lunch Menu



April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASSORTED DAILY FRESH FRUIT & VEGGIE BAR OPTIONS:  Carrot Sticks - Broccoli - Green/Red Pepper Strips - Cucumbers - Cherry Tomatoes - Celery Sticks  Apples-Bananas-Oranges-Grapes-Strawberries-Melons-Peaches-Pears-Variety	3 DUTCH WAFFLE w/SYRUP SAUSAGE HASH BROWN	4 LOADED CHICKEN FAJITAS TATER TOTS	5 PIZZA CRUNCHERS SALAD w/ LOWFAT DRESSING JUICE	6 PENNE w/ MEAT SAUCE GARLIC STICK	7 GRILLED HAM & CHEESE ON PRETZEL BUN CARROTS JUICE	8 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
	10 BUFFALO CHICKEN CHEESESTEAK EMOJI FRIES PUDDING	11 WALKING TACO CORN JUICE	12 DOMINO'S PIZZA SALAD w/ LOWFAT DRESSING JUICE	13 1/2 DAY IN-SERVICE NO LUNCHESES SERVED	14 SPRING BREAK SCHOOLS CLOSED	15 PARENTS MAY ADD MONEY TO THEIR CHILD'S LUNCH ACCOUNT AT PAYFORIT.NET
16 	17 18 SPRING BREAK SCHOOLS CLOSED		19 MOZZARELLA STICKS SALAD w/ LOWFAT DRESSING JUICE	20 PANCAKES W/SYRUP SAUSAGE HASH BROWN	21 POPCORN CHICKEN CURLY FRIES JELLO	22 strengt H ex E rercise e A t Live fit N ess c H allenge enjo Y
23 VARIETY OF LOW FAT & FAT FREE MILK SERVED DAILY 	24 BUILD YOUR OWN BURGER MASHED POTATOES w/GRAVY JUICE	25 LOADED WAFFLE FRIES BAKED BEANS	26 PEPPERONI PIZZA SALAD w/ LOWFAT DRESSING JUICE	27 HOMEMADE MAC & CHEESE GREEN BEANS	28 MEATBALL PARM SANDWICH PEAS	29 BREAKFAST SERVED DAILY
30 GIVE OUR NEW ITEMS A TRY!	ALSO AVAILABLE DAILY: ASSORTED COLD SANDWICHES, WRAPS & HOAGIES ASSORTED SALADS		<u>STUDENT PRICES:</u> PAID LUNCH \$3.00 REDUCED \$.40 A LA CARTE \$2.10 MILK \$0.65		ALL BREAD IS WHOLE GRAIN OR WHEAT; ALL FRIES ARE BAKED	MENU SUBJECT TO CHANGE Carolyn Jefferson Food Service Director 856.384.2607

