



# A HEALTHY SCHOOL BREAKFAST

It's as easy as 1...2...3!

**1**

**CHOOSE ONE:**

- Whole Grain Waffles
- Pancakes
- French Toast Sticks
- or Bagels

**OR**

**CHOOSE TWO OF THE FOLLOWING ITEMS:**

- Yogurt
- Assorted Whole Grain Muffins
- Cereal Bars
- Assorted Cereals

**2**

**MUST**

**CHOOSE ONE:**

- Fresh Fruit or Fruit Juice

**3**

**CHOOSE ONE:**

- Skim White Milk
- 1% White Milk
- Nonfat Chocolate or Strawberry Milk

**WEST DEPTFORD HIGH SCHOOL**

**BREAKFAST MENU**

*Carolyn Jefferson, Food Service Director 856.384.2607*

**PRICE: FULL BREAKFAST \$2.25 · REDUCED \$.30**

*Student receiving free/reduced lunch is automatically eligible for the breakfast program  
You may apply any time throughout the year for free/reduced lunches at*

<https://westdeptford.payschools.com>

**A BREAKFAST CONSISTING OF THE CHOICES ABOVE MEETS THE USDA NATIONAL SCHOOL BREAKFAST REQUIREMENTS.**



*Menu Subject to Change · "This institution is an equal opportunity provider"*