



# A HEALTHY SCHOOL BREAKFAST

**1**

Grain  
or  
Protein

**2**

Fresh  
Fruit or  
Vegetable

**3**

Milk

It's as easy as 1...2...3!

Monday: Gripz Graham Bites, Yogurt, Fruit, Juice, Milk

Tuesday: Assorted Whole Grain Cereal Bowls, Graham Crackers, Fruit, Juice, Milk

Wednesday: Whole Grain Cereal Bar, Fruit, Juice, Milk

Thursday: Assorted Whole Grain Cereal Bowls, Graham Crackers, Fruit, Juice, Milk

Friday: Whole Grain Granola Bar, Yogurt, Fruit, Juice, Milk

## WEST DEPTFORD ELEMENTARY SCHOOLS

GREEN-FIELDS, OAKVIEW, RED BANK

## BREAKFAST MENU

Carolyn Jefferson, Food Service Director 856.384.2607

**PRICE: FULL BREAKFAST \$2.00 · REDUCED \$.30**

*Student receiving free/reduced lunch is automatically eligible for the breakfast program*

**A BREAKFAST CONSISTING OF THE CHOICES ABOVE MEETS THE  
USDA NATIONAL SCHOOL BREAKFAST REQUIREMENTS.**

*Menu Subject to Change · "This institution is an equal opportunity provider"*

