

**CURRICULUM MAP**  
**COURSE – HEALTH III**  
**GRADE – 11**

WEEK	ESSENTIAL QUESTIONS	CONTENT	SKILLS	ASSESSMENT	STANDARDS
1	How can one recognize an emergency and overcome their fears of taking action?	Before giving care	<ul style="list-style-type: none"> <li>-recognize emergency situations</li> <li>-recognizing sudden illness</li> <li>-understand why some fail to act</li> <li>-ways to overcome fear</li> <li>-discuss the Good Samaritan law</li> <li>-demonstrate steps for gaining consent</li> <li>-recognize circumstances for calling 911</li> </ul>	<p>Written quiz</p> <p>Final Exam</p>	<p><b>2.1.12.D.6</b> - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</p> <p><b>9.3.12.ED.4</b> Evaluate and manage risks to safety, health and the environment in education and training settings</p>
2	What is the importance of having prescribed steps for handling emergencies and why should every citizen have this knowledge?	Emergency Action Steps	<ul style="list-style-type: none"> <li>-recognize and understand shock</li> <li>-list and perform the steps for treating shock</li> <li>-describe the “check-call-care “steps for dealing with a conscious person</li> </ul>		<p><b>2.1.12.D.6</b> - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</p>
3		Respiratory Emergencies	<ul style="list-style-type: none"> <li>-describe the conditions causing conscious choking</li> <li>-recognize through victim behaviors what type of obstruction is present</li> <li>-perform first aid steps for each type of obstruction (back blows and abdominal thrusts)</li> </ul>	<p>Written quiz</p> <p>Final Exam</p> <p>Demonstrate first aid technique using mannequin</p>	<p><b>2.1.12.D.6</b> - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</p>
4		Checking and unconscious person	<ul style="list-style-type: none"> <li>-describe the “check-call-care “steps for dealing with an unconscious person</li> <li>-outline and perform</li> </ul>	<p>Written quiz</p> <p>Final Exam</p> <p>Demonstrate</p>	<p><b>2.1.12.D.6</b> - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical</p>

			steps for CPR	first aid technique using mannequin	emergencies.
5	How will my learning first aid and CPR affect the lives of those around me?	Cardiac Emergencies	-recognize the signs and symptoms of heart attack -outline steps for preventing cardiovascular disease -understand the purpose of CPR -describe the “check-call-care” steps for dealing with a cardiac emergency		<i>.2.1.12.C.1 - [Cumulative Progress Indicator] - Predict diseases and health conditions that may occur during one's lifespan and speculate on potential prevention and treatment strategies.</i> <i>2.1.12.C.2 - [Cumulative Progress Indicator] - Develop strategies that will impact local, state, national, and international public health efforts to prevent and control diseases and health conditions.</i> <i>2.2.12.B.1 - [Cumulative Progress Indicator] - Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.</i>
6	How can the chain of survival save lives?	AED use	-understand the purpose of the AED -describe the “check-call-care” steps for dealing with a cardiac emergency	Written quiz  Final Exam	<i>.2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</i>
7	How does CPR and rescue breathing help preserve life?	Unconscious Choking	-describe the “check-call-care” steps for dealing with an unconscious choking victim -understand what first aid steps to perform if air does not successfully go into victim	Written quiz  Final Exam  Demonstrate first aid technique using mannequin	<i>2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</i>
8	When is first aid by a nonprofessional enough and when does one need to have a professional involved?	First Aid	-list steps and be able to perform first aid for: cuts and bleeding, bruises, and burns	Written Test	<i>2.1.12.D.1 - [Cumulative Progress Indicator] - Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.</i> <i>2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</i>
	ALL				<i>9.3.HU-FAM.5 Evaluate crisis prevention, intervention and resolution techniques to</i>

			<p><i>formulate emergency plans.</i></p> <p><b>9.3.LW-EFM.2</b> <i>Manage an incident scene as the first responder using emergency response skills.</i></p> <p><b>9.3.LW-EFM.10</b> <i>Demonstrate the use and various applications of the equipment commonly used in emergency and fire management services.</i></p>
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