

Getting Ready for
Kindergarten

APRIL 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PRAISE your child EVERY day.			Read a Nursery Rhyme.	Talk about why sharing toys is important. Share a toy with your child.	Take a trip to the local library. Get a library card if you do not already have one.
Listen to a favorite story.	Make a square, circle, triangle, and square out of play dough or clay.	Find 5 things in your house that are red.	Practice dressing skills with buttons, zippers, and snaps.	Put on music and dance with your child. March around the house to the beat.	Count the spoons and forks in your house.	Help mom create a shopping list.
Listen to a favorite story.	Identify the letters in your name.	Trace a letter on your child's back and have them guess the letter.	Ask your child to tell you a story. Write it down.	Find 5 purple things in your house.	Trace or copy your name and count the letters out loud.	Sing or tell the alphabet to three people.
Listen to a favorite story.	Write your name 2 times.	Count a handful of pennies.	Use chalk and write your name on the sidewalk.	Find a book without words. Encourage your child to tell you the story.	Find 5 blue things in your house.	Give your child two simple, unrelated directions to follow, such as "Pick up the apple, then close the door."
Listen to a favorite story.	Say your alphabet while you jump.	Play the game "I spy"... something yellow!	Write your name with your finger on the carpet 3 times.	Form letters out of french fries. Cook and eat them!	Play a game with your child like go fish or bingo.	

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May 2016		Getting Ready for Kindergarten				Find five green things in your house. Draw one of them.
Listen to a favorite story.	Look for A's in a newspaper or magazine.	Hunt for small things in your house. Then hunt for big things in your house. Make a list.	Draw a picture of someone.	Play a game of follow the leader.	Draw 10 circles.	Have your child help you sort your laundry (socks, towels, etc..)
Listen to a favorite story.	Recite the names of the letters in your name out loud. Then whisper them. Then say them in funny voices.	Look for B's in a newspaper or magazine.	Read a rhyming book.	Practice dialing your telephone number on your telephone.	Sort some change (pennies, nickels, dimes, etc...)	Go to the park and play.
Listen to a favorite story	Hop on one foot twelve times.	Clap your hands twenty-five times.	Make the letter C out of play dough or clay.	Run in place for 30 seconds. Count to 30 out loud.	Find 5 rectangles in one room of your house.	Sit down together for dinner and talk about your day. Ask your child to tell you about his or her favorite activity of the day. Make sure you give your child your undivided attention.
Listen to a favorite story.	Find 5 triangles in your house. How many sides does a triangle have?	Find something in your house that starts with the same letter as your child's name.	Have your child count out snacks for lunch (pretzels, grapes, crackers).	Go outside and write (or draw a picture) of things that you see.	"Play" with words by changing the beginning sound of the words to create a new silly word that rhymes.	Talking together ask your child to tell you about his or her favorite activity of the day. Make sure you sit down and give your child your undivided attention.

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June 2016		Find all the letter D's in a story that you read.	As a family, play with a puzzle.	Talk about the different parts of your car: steering wheel, dashboard, seatbelt, trunk, etc...	Take your child to the grocery store. Talk about the different sizes and shapes of food (ie..fruit).	Bake a cake with your child. Follow a recipe. What did you do first? Next? Last?
Listen to a favorite story	Allow your child to help you set the table. Give simple directions.	Talk about the different colors of car license plates as you drive.	Make the letter E out of legos or blocks.	Gather small objects in your house. Have your child use tweezers to pick them up and put them in a jar/cup.	Play a game of Simon Says. Point to different body parts: head, shoulders, knees, toes, etc....	Take a walk in your neighborhood. Have your child point out things living and non-living.
Listen to a favorite story.	Count to 20 out loud.	Draw letters in the air with a flashlight.	Take a walk in your neighborhood. Talk about the direction you are traveling – especially when you make a left or right.	Play a game with your family tonight. Talk about taking turns.	When you go to the bank, post office, pet store, etc... talk about different kinds of jobs.	Bake cookies together and form the letter 'F.' Eat your cookies for dessert tonight. What did they smell like? How did they taste?
Listen to a favorite story.	Go outside and do the crab walk in the grass.	Count the doors in your house.	Finger paint with jello or cocoa on a paper plate. What does it feel like?	Do 10 toe touches and then 10 jumping jacks.	Draw the letter 'G' four times.	Use small marshmallows on toothpicks to create letters.
Listen to a favorite story.	Trace your hands. Talk about left and right. Then cut them out.	Trace your child's body on a large piece of paper. Identify different parts of the body: hand, head, eyes, ears, etc...	Practice making the 'H' sound and think of five things that start with 'H'.	Getting Ready for Kindergarten		

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<h1>July 2016</h1>				Touch your nose every time you see the word 'I' in a story.	Practice saying your address.	Take a trip to the local library.
Listen to a favorite story.	Let your child squirt a water bottle outdoors.	Use a wet sponge and write your name on the sidewalk. Count out loud to see how long it takes to dry. Then start again.	Use chalk and draw a path outside. Have your child follow it. Then have your child draw his own path.	Draw on the tub wall with soap foam or shaving cream. Make letters, numbers, and shapes.	Look for J's in magazines, newspapers, or coupons.	Count the shoes in your closet.
Listen to a favorite story.	Describe the pictures in a book while reading.	Play catch outside with a ball.	Use a cardboard box and create something (house, train, doll bed)... Use your imagination and play!	Cut out five K's from a magazine or newspaper.	Use legos, tupperware, boxes to build a tower. Make them taller and shorter.	Listen to a nursery rhyme.
Listen to a favorite story.	Ask your child to tell you where he lives (West Deptford, New Jersey).	Using play cards... pick a card. Have your child hop that number of times.	Read road signs as you travel from point A to point B.	Practice saying your phone number.	Name five things in your house that start with the letter L.	Use old socks and create sock/hand puppets. Act out a story.
Listen to a favorite story.	Talk about feelings. Ask your child to make different faces to show different emotions.	Clap a rhythm and have your child repeat it.	Draw a picture of a tree.	Count the forks in your house.	Tell someone a favorite story.	Write a letter 'M' out of sand, salt, jello, marshmallows, etc...



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<h1>August 2016</h1>		Glue macaroni or buttons on a piece of paper in the shape of a 'N'.	String fruit loops, dry macaroni, or buttons to make a necklace. Create a pattern.	Draw a big 'O' outside on the side walk. Have your child jump in and out of it.	Allow your child to practice using scissors with your supervision. Cut out coupons.	Take a trip to the local library
Listen to a favorite story	Make a pizza pie and talk about the 'P' sound. Then count the number of slices.	Use a cup and have your child drop pennies in it. Count out loud each time.	Look for Q's in a magazine or newspaper. What letter is always next to it?	Play what's my number on the calculator. Ask your child to find an '8' and then type it.	Take an egg carton and write #'s 1 – 12 in each hole. Put that # of pennies in each one. Have your child count items in the holes.	Write a capital 'R' and lowercase 'r' out of shaving cream, pudding, or whipped cream.
Listen to a favorite story	Name 5 words that start with the letter 'S'.	String some popcorn together. Parent supervision is needed!	Write the letter 'T' five times using five different colors.	Use tweezers today like in the games Operation or Bed Bugs. You can also use clothes pins and put them around the edge of a paper plate.	Draw a picture of something that starts with the letter 'U'.	Help mom decorate a cookie with an icing tube.
Listen to a favorite story	Write the letter 'V'. Can you turn it into a triangle? How?	Talk about 'W' questions: Who? What? Where? When? Use the 'W' words to give your child clues to a mystery animal.	Roll a die and count the dots on each side. Then practice writing that number.	Think about what road sign has the letter 'X' on it. Try to draw a picture of that sign. Hint: It's near the train tracks.	Have your child copy words in the environment from cereal boxes, newspaper ads, labels, store signs, and restaurant menus.	Sing the YMCA chorus. Teach your child how to make the letter 'Y' with their arms.
Listen to a favorite story	Hold your ears and say the "Z" sound. Is it quiet or noisy?	Praise your child for just being a great kid!	Getting Ready for Kindergarten			